



MEET OUR TEAM



Dr Andrew Wilkinson

Andrew is an **Endorsed Clinical Psychologist**. Andrew sees the importance of supporting families to grow together and he is passionate about seeing the best outcomes for his clients. He has a caring and practical approach and his areas of focus are **developmental needs, child mental health and parenting**. Andrew is our Clinic Director and has a **Doctorate in Clinical Psychology**.



Jessica Alpin

Jessica is an **Endorsed Clinical Psychologist**. She has a warm and bubbly personality and her approach allows her to make young people and parents quickly feel at ease. Jessica has **completed a Master of Clinical Psychology** and especially enjoys **assessing and supporting girls and women with Autism**.



Adrian Vince

Adrian is a **Registered Psychologist**. He has a gentle and caring approach. Adrian particularly enjoys assessing and supporting children and teenagers with learning difficulties, and helping families to understand evidence-based recommendations for **dyslexia, dysgraphia and dyscalculia**.



Helena Predojevic

Helena is a **Registered Psychologist**. She is motivated in her approach to create a warm environment to assist children, teens and families work towards their goals. Helena has **completed a Master in Clinical Psychology**. Helena's vibrant personality make her well suited to engage young people from a wide range of backgrounds.



Jenny Martin

Jenny is a **Registered Psychologist** and also has a **teaching degree and Masters in Special Education**. Jenny is passionate about supporting young people and families with effective coping strategies and building skills that are based on research. Jenny's calm and affable approach helps everyone she works with feel comfortable and listened to.



Katy McEvoy

Katy is a **Registered Psychologist**. Katy takes care and consideration in her approach by getting to know each client and tailor sessions to suit different individuals and families. Katy particularly enjoys supporting young people with **autism, ADHD, developmental delay, anxiety, depression and other mental health concerns**.



OUR SERVICES

Vision

We aim to connect and engage families in growing skills and wisdom for life and place importance on respecting the community around them. We do this through providing:

Comprehensive Assessments

- Functional capacity (NDIS)
- Autism
- ADHD
- Learning difficulty
- Intellectual and adaptive assessment
- Behaviour difficulties

Assessment package includes:

- Clinical interview/s
- Evidence-based assessment tools: ADOS II, DIVA, WISC V & WIAS IV, ABAS III, WHODAS
- Questionnaires/screeners for parents AND teachers
- Consultation with child's teacher
- Comprehensive report with recommendations
- Feedback session for family or individual

Therapy/Intervention

- Anxiety
- Depression
- Managing **anger** and **concentration/attention issues**
- Developing **social skills**
- Strengthening **family relationships**
- Building independence and confidence such as **learning to engage in the community**
- Becoming more **responsible with life activities**
- Learning **self-care skills**

Supervision & Workshops

We provide supervision for other psychologists and allied health professionals. We also have a range of workshops we can deliver in areas such as accidental counselling, trauma and attachment, autism and ADHD.

Our team is **Registered for Medicare and the NDIS, providing services for self-managed, plan managed and NDIA managed clients.**



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